



VOMA 2026 Fall CME Conference
September 18 - 19, 2026
Tentative Agenda

FRIDAY, OCTOBER 17 (Shenandoah)

5:30 – 6:30	<i>Welcome Reception and Poster Viewing (All Welcome)</i>
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SATURDAY, OCTOBER 18 (Shenandoah)

7:00 – 8:00	<i>Registration Open – Breakfast and Visit with Exhibitors</i>	
8:00 – 9:00	Clinical Burnout	Mary Ellen Mick, DO
9:00 – 10:00	Top Takeaways from the 2026 Lipid Guidelines	Bryant Self, DO
10:00 – 10:30	Break	
10:30 – 11:30	Peds Update	Raul Barroso, DO
11:30 – 12:00	<i>Lunch & Business Meeting</i>	
12:00 – 1:00	Women's Health	Stacy Lahti, DO
1:00 – 2:00	Wilderness Medicine	Alison LePera, DO
2:00 – 2:30	<i>Break</i>	
2:30 – 3:30	MetALD & ALD: A Primary Care Approach to Diagnosis and Treatment	Hillary Lois, DO
3:30 – 5:30	The Thoracic Cage: A Gateway to Health (OMM Lecture & Lab)	Joy Palmer, DO
5:30 – 5:45	Closing Remarks	

The following lectures are available ON-DEMAND (links were sent to your e-mail):

Sepsis Management	Skip Hagan, DO
Concussion Research Update	Gunnar Brolinson, DO
Multiple Sclerosis Topic: TBD	Julie Kidd, PharmD
Eye Injuries	Mark Rogers, DO
Early Pregnancy Loss	Angelina Cerimele, DO
Setting Nutrition Smart Goals with Patients	Forum Sanghavi, DO