VOMA 2026 Fall CME Conference
September 18 - 19, 2026

FRIDAY, SEPTEMBER 18 (Shenandoah)

5:30 – 6:30	*Welcome Reception and Poster Viewing (All Welcome)*

SATURDAY, SEPTEMBER 19 (Shenandoah)

7:00 – 8:00	*Registration Open – Breakfast, Poster Viewing Visit with Exhibitors*	
8:00 – 9:00	Beyond Burnout: Applying Ikigai, Lifestyle Medicine, and Health Coaching to Promote Physician Well-being	Mary Ellen Mick, DO
9:00 – 10:00	Top Takeaways from the 2026 Lipid Guidelines	Bryant Self, DO
10:00 – 10:30	*Break, Poster Viewing and Visit with Exhibitors*	
10:30 – 11:30	Navigating Vaccine Hesitancy Post-COVID	Raul Barroso, DO
11:30 – 12:00	*Lunch & Business Meeting*	
12:00 – 1:00	I Can't Get No Satisfaction: Female Sexual Dysfuntion	Stacy Lahti, DO
1:00 – 2:00	Into the Unknown: A Journey into Wilderness Medicine	Alison LePera, DO
2:00 – 2:30	*Break and Visit with Exhibitors*	
2:30 – 3:30	Intersection of Steatotic Liver Disease & Alcohol Use Disorder	Hillary Lois, DO
3:30 – 5:30	The Thoracic Cage: A Gateway to Health (OMM Lecture & Lab)	Joy Palmer, DO
5:30 – 5:45	Closing Remarks	

The following lectures are available ON-DEMAND (links were sent to your e-mail):

Sepsis Management	Skip Hagan, DO
Concussion Research Update	Gunnar Brolinson, DO
Multiple Sclerosis Testing Updates	Julie Kidd, PharmD
Eye Injuries	Mark Rogers, DO
Early Pregnancy Loss	Angelina Cerimele, DO
Setting Nutrition Smart Goals with Patients	Forum Sanghavi, DO