



VOMA 2025 Fall CME Conference
October 17 - 18, 2025
Agenda

FRIDAY, OCTOBER 17 (Pocohantas)

5:30 – 6:30	<i>Welcome Reception and Poster Viewing (All Welcome)</i>
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SATURDAY, OCTOBER 18 (Shenandoah Room)

8:00 – 9:00	<i>Registration Open – Breakfast and Visit with Exhibitors</i>	
9:00 – 10:00	The Use of Gemmotherapy in Clinical Practice, Principles and Cases	Rick Williams, MD
10:00 – 10:30	Break	
10:30 – 11:30	Introduction to Lifestyle Medicine	Priscilla Tu, DO
11:30 – 12:00	<i>Lunch & Business Meeting</i>	
12:00 – 1:00	<i>Lunch Lecture: Adolescents, HIV, and PrEP</i>	Princy Kumar, MD
1:00 – 2:00	The Current State of Osteopathic Medicine in Virginia	Joseph Johnson, DO
2:00 – 2:30	<i>Break</i>	
2:30 – 3:30	TICKED OFF: Lyme Disease Update	Ronald Januchowski, DO
3:30 – 5:30	The Osteopathic Oath: A Practitioner’s Guide to the Restoration of the Ride in Any Patient Population (OMM Lecture & Lab)	Allison Bardowell, DO
5:30 – 5:45	Closing Remarks	

The following lectures are available ON-DEMAND (links were sent to your e-mail):

Hidden in Plain Sight: The High Burden of Maternal Mental Health	Anita Register, DO
Is It My Heart, My Kidney, or My Carpal Tunnel? Oddities of the Musculoskeletal System	Micah Jones, DO
AI in the Healthcare Setting: a Legal Perspective	C. Walker Terry, Esq.
Fibromyalgia and Chronic Fatigue Syndrome	Joseph Kidd, DO
Assessment and Management of Low Back Pain	Mark Rogers, DO
TBD (Nephrology)	Peter Recupero, DO
TBD (Congestive Heart Failure)	William Cox, DO